

# THE *RUSSO* REPORT

## "Activities of Daily Living" and the Need for Long Term Care

ADLs, or activities of daily living, are six basic self-care tasks that most people can perform every day without assistance.

ADLs are important to understand because nursing homes may use them to gauge a person's level of functioning. This then aids a long-term care facility in determining whether the individual qualifies for public assistance such as Medicaid or has triggered their long-term care insurance coverage.

[Read More](#)

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**EMPOWER  
YOUR FUTURE**

## MONTHLY UPDATES

# EARTH DAY SHRED EVENT

We want to extend our thanks to everyone who participated in our **Earth Day Shred Event**! Your support not only helped protect the environment by promoting sustainable practices, but also ensured the secure disposal of your sensitive documents.

Together, we made a meaningful impact on our community, and it's a reminder of what we can achieve when we come together for a shared cause!



[Read More](#)

## UPCOMING EVENTS



**IN-PERSON SEMINAR**  
**ESTATE PLANNING ESSENTIALS:**  
**PLAN TODAY, PROTECT TOMORROW**

**Thursday, May 15th**  
12:00 - 1:30 pm

**Mo'nelisa Restaurant**  
28 Lido Boulevard  
Point Lookout, New York

Whether you're just starting your estate planning journey or looking to refine an existing plan, this seminar is designed for individuals at all stages of life.

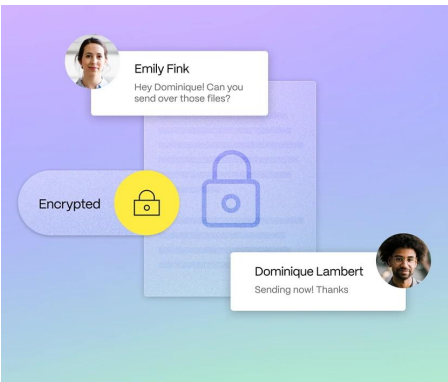
Our experienced team will walk you through a range of topics, such as Estate Planning essentials, how to protect your assets, understanding Wills and Trusts, and navigating tax implications. *Complimentary lunch included!*

**Register Now**

**"Peace of Mind" MEMBERS-ONLY**  
***SHAREFILE WEBINAR***

**Thursday, May 15th**  
1:00 - 1:30 pm

Keeping your important documents safe and accessible is critical, and we are here to help you do just that.



Join us for this exclusive webinar designed specifically for our Peace of Mind members! During this session, we'll walk you through how to effectively use ShareFile, a trusted, secure platform for file-sharing and document storage - one of the many perks of our Peace of Mind Program.

**More  
Information**

***MONTHLY "COFFEE & CONVERSATION" SERIES***

**Russo Law Group - Islandia**  
**Tuesday, May 20th**  
9:00 - 10:00 am



*Do you have questions about estate planning, elder law, or special needs planning? We'd love to meet you!*

Our monthly "Coffee & Conversation" series is a perfect way to connect with our experienced attorneys in a relaxed setting while getting to know our team.

Stay informed, enjoy complimentary coffee & bagels, and take a step toward protecting what matters most.

**Register Now**

**PERSONAL INJURY WEBINAR**  
***PERSONAL INJURY 101:***  
***FROM ACCIDENT TO ACTION***



Wednesday, May 28th  
1:00 - 1:30 pm

Join us for an informative **personal injury webinar**, co-presented by **Kim N. Christian**, Partner at Russo Law Group, and **Alex Nocerino**, Partner at Chopra & Nocerino.



This event is tailored to provide actionable insights on navigating personal injury cases and understanding your rights.

Register Now

NEW ON THE BLOG



Three Key Medicare 2025 Changes  
You Need to Know

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SSI Benefits Updates  
You May Have Missed

Read Now



Guardianships: Understanding Their  
Importance in Dementia

Read Now



Home Safety for Aging in Place:  
A Guide for Older Adults

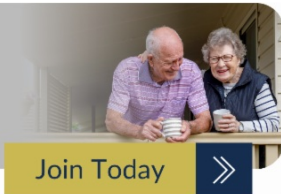
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# In The LEGAL KNOW

with Vincent J. Russo, Esq.



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### RUSSO LAW GROUP, P.C.

*Estate Planning, Elder Law & Special Needs*

CELEBRATING

OUR *40<sup>th</sup>* ANNIVERSARY



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